

## Bond Park Group Exercise Classes

Mon Oct 28, 2019

### 5pm - 6pm Yin Yoga w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:15pm - 7:15pm Zumba w/ Mya

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$15 (NR)

Tue Oct 29, 2019

### 6:45pm - 7:45pm Cardio Strength w/ Laura

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$6 (R) / \$8 (NR)

Thu Oct 31, 2019

### 5pm - 6pm Yin Yoga w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:45pm - 7:45pm Cardio Strength w/ Laura

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$6 (R) / \$8 (NR)

Mon Nov 4, 2019

### 5pm - 6pm Yin Yoga w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:15pm - 7:15pm Zumba w/ Mya

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$15 (NR)

Tue Nov 5, 2019

### 6:45pm - 7:45pm Cardio Strength w/ Laura

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$6 (R) / \$8 (NR)

Thu Nov 7, 2019

### 5pm - 6pm Yin Yoga w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$12 (R) / \$14 (NR)

### 6:45pm - 7:45pm Cardio Strength w/ Laura

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA  
**Description:** Drop In \$6 (R) / \$8 (NR)

## Bond Park Group Exercise Classes

**Tue Nov 12, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Nov 14, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Mon Nov 18, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:15pm - 7:15pm Zumba w/ Mya**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$15 (NR)

**Tue Nov 19, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Nov 21, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Mon Nov 25, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:15pm - 7:15pm Zumba w/ Mya**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$15 (NR)

## Bond Park Group Exercise Classes

**Tue Nov 26, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Nov 28, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Mon Dec 2, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:15pm - 7:15pm Zumba w/ Mya**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$15 (NR)

**Tue Dec 3, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Dec 5, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Mon Dec 9, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:15pm - 7:15pm Zumba w/ Mya**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$15 (NR)

## Bond Park Group Exercise Classes

**Tue Dec 10, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Dec 12, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Mon Dec 16, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:15pm - 7:15pm Zumba w/ Mya**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$15 (NR)

**Tue Dec 17, 2019**

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)

**Thu Dec 19, 2019**

**5pm - 6pm Yin Yoga w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:30pm - 7:30pm Yoga (All Levels) w/ Marilyn**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$12 (R) / \$14 (NR)

**6:45pm - 7:45pm Cardio Strength w/ Laura**

**Where:** Bond Park Community Center, 150 Metro Park Dr, Cary, NC 27513, USA

**Description:** Drop In \$6 (R) / \$8 (NR)