

# Youth Fitness Opportunities

# May



## BOND PARK COMMUNITY CENTER (919) 462-3970

### Fun-N-Fit

*Wobblers (age 10mo-2)*

Tue, May 9-23 | 10-10:35 p.m.

*Ready, Set, Go (age 18mo-4)*

Mon, May 8-22 | 10-10:45 a.m.

Tue, May 9-23 | 11-11:45 a.m.

*Preschool Sports Adventure (3-7)*

Mon, May 8-22 | 11-11:45 a.m.

### Tumblers Parent & Child (age 18mo-3)

Wed, April 26-May 24 | 9:30-10:15 a.m.

### Tuckers & Jumpers (age 3-5)

Wed, April 26-May 24 | 10:30-11:30 a.m.

### Mother & Child Dance Together Class

*Age 3-6: Ballet*

Sat, May 6 | 10:30-11:15 a.m.

*Age 6-10: Hip Hop*

Sat, May 6 | 11:30 a.m.-12:15 p.m.

### Tang Soo Do-Korean Martial Arts (age 4 & up)

Tue & Thu, May 2-30 | 6:30-7:30 p.m.

### Mother's Day Surprise (age 5-14)

Sat, May 6 | 1-2 p.m.

### American Girl Doll Adventures (age 6-10)

Fri, May 12 | 6-7 p.m.

## HERBERT C. YOUNG COMMUNITY CENTER (919) 460-4965

### Little Tyke Sports-Basketball (age 3-5)

Tue, May 2-23 | 9:30-10:15 a.m.

## SPORTS OPPORTUNITIES (919) 469-4062

### After School Golf Clinics (age 7-16)

Mon-Fri, May 8-12 | 4-5 p.m.

## CARY ARTS CENTER (919) 469-4069

### Ice Cream Bowls (age 2-5 w/caregiver)

Tue, May 2-9 | 10-11 a.m.

### Caterpillar Garden (age 2-6 w/caregiver)

Sat, May 6 | 10-11 a.m.

### Raising Dragons (age 3-6 w/caregiver)

Tue, May 9 | 1-2:30 p.m.

### Melted Crayon Art (age K5-8)

Sat, May 6 | 1-3 p.m.

### Fairy Gardens (age K5-10 w/caregiver)

Sat, May 6 | 9:30-11:30 a.m.

Fri, May 12 | 6:30-8:30 p.m.

### I Love Mom! (age K5-10)

Thu, May 11 | 4:30-6 p.m.

### Merfolk and Underwater Creatures (age K5-12)

Mon, May 8-22 | 5:15-6:45 p.m.

### Spring Fling Romper (age 9-12)

Wed, May 17-Jun 7 | 4:30-6:30 p.m.

### Drawing for Teens (age 11-16)

Wed, May 10-31 | 4:30-6 p.m.

### Metal Mania (age 11-16)

Tue, May 9-23 | 5:30-7:30 p.m.

### Sculpting Animals in Air Dried Clay (age 11-16)

Sat, May 20 | 1-4 p.m.

## SPECIALIZED RECREATION (919) 469-4069

### Gardening with Native Plants (age 6 & up) @ SNC

Tue, May 2 | 4:30-6 p.m.

### Focus on Drawing (age 11 & up) @ CAC

Wed, May 10-24 | 6:30-8:30 p.m.

### Boating (age 11 & up) @ BP Boathouse

Tue, May 23 | 4-5:30 p.m.

## BOND PARK BOATHOUSE (919) 469-4100

### Youth Archery Open Range (age 10-17)

Tue, May 23 | 4:30-6 p.m.

### After School Fishing (age 11-17)

Tue, May 9 | 4:30-6:30 p.m.

### After School Open Boating (age 11-17)

Tue, May 16 | 4:30-6 p.m.

Tue, May 30 | 4:30-6 p.m.

### Intro to Archery (age 11 & up)

Sat, May 20 | 10 a.m.-noon

### Intro to Fly Fishing (age 13 & up)

Sat, May 6 | 9 a.m.-noon

### Beginning Kayaking (age 13 & up)

Sat, May 13 | 9 a.m.-noon

### Paddle the Park Tour (age 13 & up)

*Canoe*

Fri, May 19 | 7:30-9 p.m.

*Kayak*

Fri, May 19 | 7:30-9 p.m.

### Intermediate Archery (age 13 & up)

Sat, May 20 | 1-3 p.m.

### Basic Canoeing (age 13 & up)

Sun, May 21 | 10 a.m.-1 p.m.

### Sailing (age 13 & up)

Sat, May 27 | 9 a.m.-2 p.m.

Sun, May 28 | 1-6 p.m.

## MIDDLE CREEK COMMUNITY CENTER (919) 771-1295

### Little Tyke Sports (age 3-5)

*Sluggers-Baseball*

Mon, May 1-22 9:30-10:15 a.m.

*Shooters-Basketball*

Mon, May 1-22 | 10:15-11 a.m.

### Empower Yoga for Kids (age 3-5)

Tue, May 9-30 | 9:30-10:15 a.m.