

AUGUST

Youth & Teen Fitness Calendar



MIDDLE CREEK COMMUNITY CENTER (919) 771-1295

Summer Fencing (age 11-18)
Wed, Aug 2-23 | 6-7:30 p.m.



HERBERT C. YOUNG COMMUNITY CENTER (919) 460-4965.

Get Cooking with Laura: Italy (age 7-10)
Wed, Aug 9 | 4:30-6:30 p.m.
Designer Desserts (age 11-17)
Mon, Aug 7 | 10 a.m.-noon



YOUTH SPORTS (919) 469-4062

Visit www.townofcary.org
Parks, Recreation and Cultural Resources Page
Select "Sports"

YOUTH OPEN GYM*

Available at all three community centers.
*A signed waiver is required for each participant.
Parent/Guardian must sign the waiver.
Please call ahead for schedule.

For more details on our classes
and programs, call the facility
number listed, or pick up the pro-
gram brochure at any Town facility.

BOND PARK COMMUNITY CENTER (919) 462-3970

Fun-n-Fit, Ready, Set, Go! Siblings (age 18M-6)
Tue, Aug 8-22 | 11-11:45 a.m.
Fun-n-Fit, Sports Gym Time (age 3-7)
Tue, Aug 8-22 | 10-10:45 a.m.
Zumba Kids Jr. (age 4-6)
Sat, Aug 5 | 9:15-10 a.m.
Sat, Aug 12 | 9:15-10 a.m.
Sat, Aug 19 | 9:15-10 a.m.
Zumba Kids (age 7-12)
Mon, Aug 7 | 6:30-7:30 p.m.
Mon, Aug 14 | 6:30-7:30 p.m.
Mon, Aug 21 | 6:30-7:30 p.m.

FRED G. BOND METRO PARK (919) 469-4100

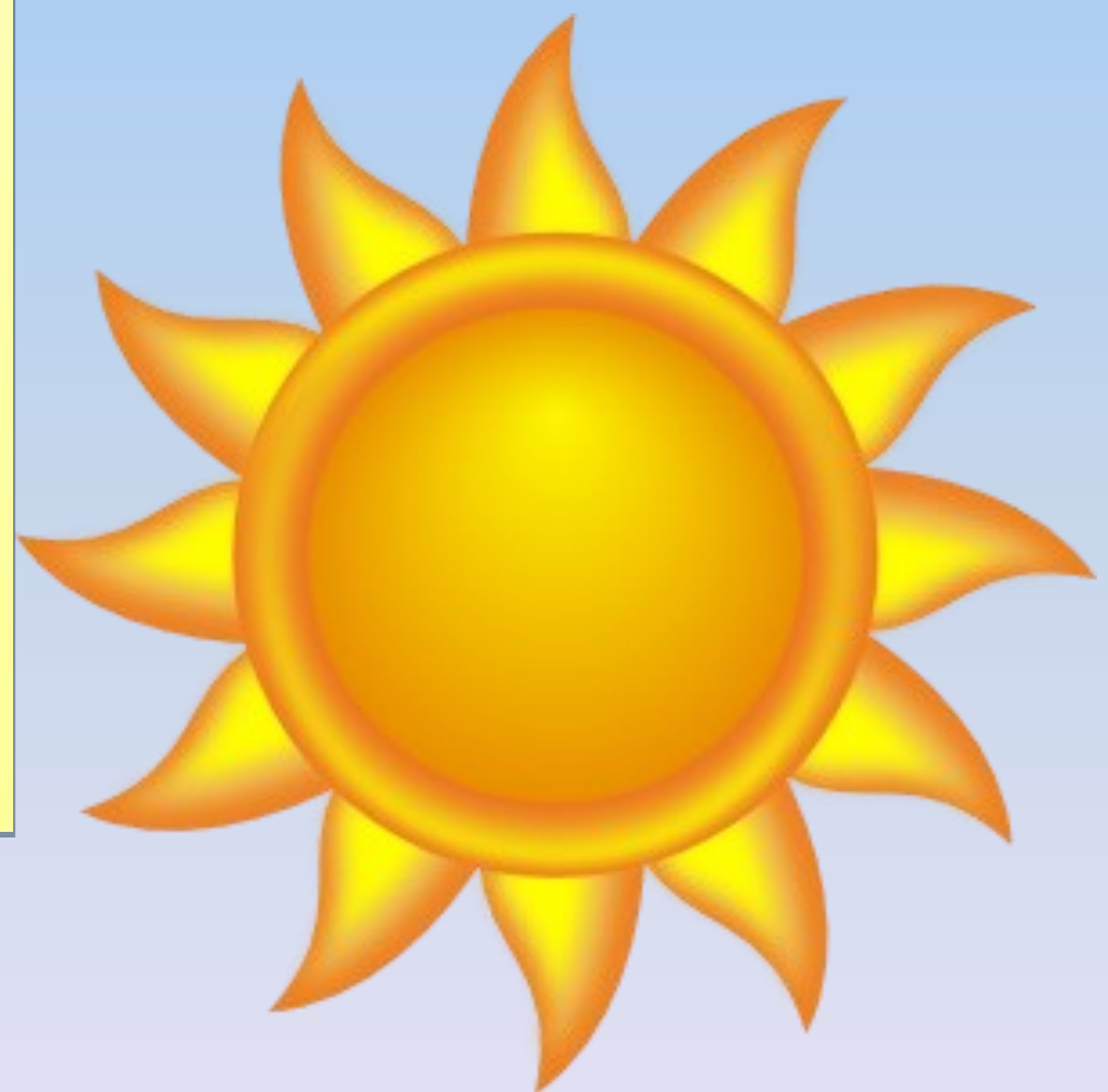
Basic Orienteering (age 8 & up)
Sat, Aug 12 | 10 a.m.-12:30 p.m.
Intro to Canoeing (age 10 & up)
Sat, Aug 12 | 9-11 a.m.
Intro to Archery (age 11 & up)
Sat, Aug 19 | 10 a.m.-noon
Intermediate Archery (age 11 & up)
Sat, Aug 19 | 1-3 p.m.
Kayaking for Teens (age 11-17)
Thu, Aug 17 | 9 a.m.-noon
Canoeing for Teens (age 11-17)
Thu, Aug 24 | 3-6 p.m.
Beginning Kayaking (age 12 & up)
Fri, Aug 18 | 5-8 p.m.
Sailing in a Day (age 13 & up)
Sat, Aug 26 | 9 a.m.-2 p.m.
Sun, Aug 27 | 1-6 p.m.



TOWN of CARY
PARKS, RECREATION
& CULTURAL RESOURCES
www.townofcary.org

CARY ARTS CENTER (919) 460-4963

Fairy Friends (age 3-6 w/caregiver)
Mon, Aug 14 | 5-6 p.m.
Fairytale Castle (age K5-8)
Sat, Aug 26 | 9:30 a.m.-noon
Fishy Fun (age K5-10)
Wed, Aug 16-30 | 4:30-6 p.m.
City Scene (age 7-10)
Sat, Aug 26 | 1-3:30 p.m.
Draw Like You Mean It! (age 8-11)
Sat, Aug 19 | 1-4 p.m.
Collage Characters (age 8-12)
Thu, Aug 17-31 | 5-6:30 p.m.
Look Twice! Optical Illusions (age 11-16)
Tue, Aug 1-8 | 4:30-6:30 p.m.
The Art of Calligraphy (age 11-16)
Fri, Aug 11-19 | 1-4 p.m.
Painting with Acrylics (age 11-16)
Tue, Aug 15-29 | 6:30-8 p.m.



GET | BE | STAY

