

YOUTH & Teen FITNESS



March



BOND PARK COMMUNITY CENTER

(919) 462-3970

Bach 2 Rock: Rock N Roll (age 6mo-3)

Thu, Mar 8-29 | 10-10:45 a.m.

Fun-n-Fit

Wobblers (age 10M-2)

Tue, Mar 6-20 | 10-10:35 a.m.

Ready, Set, Go! (age 18M-5)

Mon, Mar 5-19 | 10-10:45 a.m.

Tue, Mar 6-20 | 11-11:45 a.m.

Sports Gym Time (age 3-5)

Mon, Mar 5-19 | 11-11:45 a.m.

Lil Budding Ballerinas (age 2)

Tue, Mar 6-27 | 10:25-11 a.m.

TinyTykes Soccer

Age 2-3

Wed, Mar 21-May 9 | 10-10:30 a.m.

Age 4-5

Wed, Mar 21-May 9 | 10:45-11:15 a.m.

Tippy Toe Tappers (age 2-4)

Tue, Mar 6-27 | noon-12:30 p.m.

Lil Bunny Ballet (age 3-4)

Tue, Mar 6-27 | 11:15-11:50 a.m.

Clap and Tap (age 3-5)

Wed, Mar 7-21 | 5:45-6:15 p.m.

Bach 2 Rock: Rock City (age 3-5)

Thu, Mar 8-29 | 11-11:45 a.m.

Pre-Ballet (age 3.5-5)

Wed, Mar 7-21 | 6:25-7 p.m.

Zumba Kids Jr (age 4-6)

Sat, Mar 3-Apr 21 | 9:30-10:15 a.m.

Gym & Fitness Fun (age 5-9)

Tue, Mar 13-Apr 24 | 4:45-5:30 p.m.

Tap Dance (age 6-10)

Wed, Mar 7-21 | 7:45-8:30 p.m.

Zumba Kids (age 7-11)

Mon, Mar 5-Apr 16 | 6-7 p.m.

Serve N Play Badminton Training (age 7-15)

Sat, Mar 3-May 19 | 3-4 p.m.

Zumba for Teens (age 12-15)

Tue, Mar 6-Apr 17 | 6-7 p.m.



MIDDLE CREEK COMMUNITY CENTER

(919) 771-1295

Preschool Dance (age 3-5)

Tue, Mar 27-Apr 17 | 3:45-4:15 p.m.

Dance Combo (age K5-10)

Tue, Mar 27-Apr 17 | 4:15-5 p.m.



HERBERT C. YOUNG COMMUNITY CENTER

(919) 460-4965

Bounce, Spring and Boing (age 2-4)

Thu, Mar 8-22 | 11:15-11:50 a.m.

Kidokinetics Jr. Sports & Fitness (age 2-5w/caregiver)

Fri, Mar 2-23 | 10:15-11 a.m.

Kidokinetics Preschool Sports & Fitness (age 3-5)

Fri, Mar 2-23 | 11:15 a.m.-noon

Little Tyke Sports-Baseball (age 3-5)

Tue, Mar 6-27 | 9:30-10:15 a.m.

Nike Marathon Kids Run Club (age 6-10)

Mon, Mar 5-Apr 16 | 4:45-5:45 p.m.



FRED G. BOND METRO PARK

(919) 469-4100

Family Wilderness Survival (age 8 & up)

Fri, Mar 16 | 5-7 p.m.

Intro to Archery (age 10 & up)

Sun, Mar 11 | 10 a.m.-noon

Intermediate Archery (age 10 & up)

Sun, Mar 11 | 1-3 p.m.

Intro to Mountain Bike (age 12 & up)

Thu, Mar 15 | 9 a.m.-2 p.m.



For more details on our classes and programs,
call the facility number listed, or pick up the
program brochure at any Town facility.

CARY ARTS CENTER

(919) 469-4069

Funny Frogs (age 2-5 w/caregiver)

Fri, Mar 9-16 | 1-2 p.m.

Rockin Robots (age 2-6 w/caregiver)

Sat, Mar 17 | 11 a.m.-noon

Little Lambs (age 3-6 w/caregiver)

Mon, Mar 19 | 5-6 p.m.

Kite-Making Fun (age 3-10 w/caregiver)

Sat, Mar 3 | 10-11:30 a.m.

A Drawing Adventure (age K5-9)

Tue, Mar 6-27 | 5:30-7 p.m.

Castle Capers (age K5-9)

Sat, Mar 10 | 1-3 p.m.

2D and Beyond (age K5-10)

Sat, Mar 24 | 1-4 p.m.

Rock Painting (age 9-12)

Tue, Mar 13-27 | 4:30-6 p.m.

Spring Tote Bag (age 9-12)

Wed, Mar 28-Apr 4 | 6-8:30 p.m.

Screenprinting on T-shirts (age 11-16)

Sat, Mar 10 | 9 a.m.-4 p.m.

Intro to Fashion Illustration (age 11-16)

Thu, Mar 15-29 | 5:30-8:30 p.m.

Relief Carving for Teens (age 11-16)

Sat, Mar 17 | 1-4 p.m.



YOUTH OPEN GYM BASKETBALL **

Bond Park Community Center | (919) 462-3970

Herbert C. Young Community Center | (919) 460-4965

Middle Creek Community Center | (919) 771-1295

***Passes are required for each participant.*

*Parent/Guardian must sign
the waiver. Please call
ahead for schedule.*



TOWN of CARY

PARKS, RECREATION
& CULTURAL RESOURCES
www.townofcary.org

