



# CARY CYCLING CELEBRATION

Saturday, April 5, 2003  
 Cary Senior Center 9 a.m. – 3 p.m.  
 Raindate: Sunday, April 6, 1-6 p.m.

*The Cary Cycling Celebration is a festival for the Bicycle Enthusiast.*

## Schedule of Activities

Time	Activity	Description	Sponsored by
9 a.m. - noon	Bicycle Rodeo	Clinic that focuses on road safety for youth ages 6-12. Pre-registration encouraged using course code 13374 at any Town of Cary Community Center.	Cary Pilot Club, Girl Scouts of America
9 a.m. - 3 p.m.	Swap Meet	View and trade gear with other cyclists. Pre-register at <a href="http://www.trianglemtb.com">www.trianglemtb.com</a>	Triangle MTB
9 a.m. - 3 p.m.	Product Displays	Explore a showcase of new equipment.	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
9:30 a.m.	Road Rides Depart	Enjoy the open roads of Wake County (20 or 62 mile rides).**	Cycling Spoken Here
10 a.m.	MTB Trail Rides	All ages. Explore Bond Park trails. (45 min)**	Triangle MTB
10 a.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
10:30 a.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
11 a.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
11:30 a.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
Noon	MTB Trail Rides	All ages. Explore Bond Park trails. (45 min)**	Triangle MTB
1 p.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
1:30 p.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
2 p.m.	MTB Trail Rides	All ages. Explore Bond Park trails. (45 min)**	Triangle MTB
2 p.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes
2:30 p.m.	Maintenance Workshop	Learn techniques to maintain and repair your bike. (30 min)	REI, Cycling Spoken Here, Spin Cycle, All Star Bikes

### Information Booths and Discussions

#### Wake County & Town of Cary Bicycle Plans

Sponsored by Town of Cary Planning Department

#### Information on Bicycle Laws

Sponsored by Town of Cary

#### The Town of Cary's Bicycle Friendly Community Initiative

Sponsored by Town of Cary Planning Department

#### Register for Fund Raising Rides

Sponsored by Tour de Cure, Tour de Friends, MS Society

#### The Importance of Wearing Helmets

Sponsored by Cary Area EMS

For more information, call (919) 771-1295  
 or visit [www.townofcary.org](http://www.townofcary.org)

\*\*Ride Policy: waiver required for all riders

Road Rides: 18 & under waiver signed by guardian, 16 & under accompanied by guardian.

MTB Rides: 18 & under waiver signed by guardian, 12 & under accompanied by guardian.



CARY APEX



THE SPIN CYCLE  
CYCLING SPECIALISTS



Bristol-Myers Squibb Company  
Presents



Tour de Friends  
June 19-22, 2003 / 330 Miles NC to DC



**Tandem and Beginner Bike Rides**  
 Sponsored by All Star Bikes, NC Bicycle Club  
 and Carolina Tarwheels  
 10 a.m. & 1 p.m.

**Trials Demonstrations**  
 Cool Tricks! Sponsored by The Spin Cycle  
 and Happy Fun Racing



Live Remote  
10am-noon