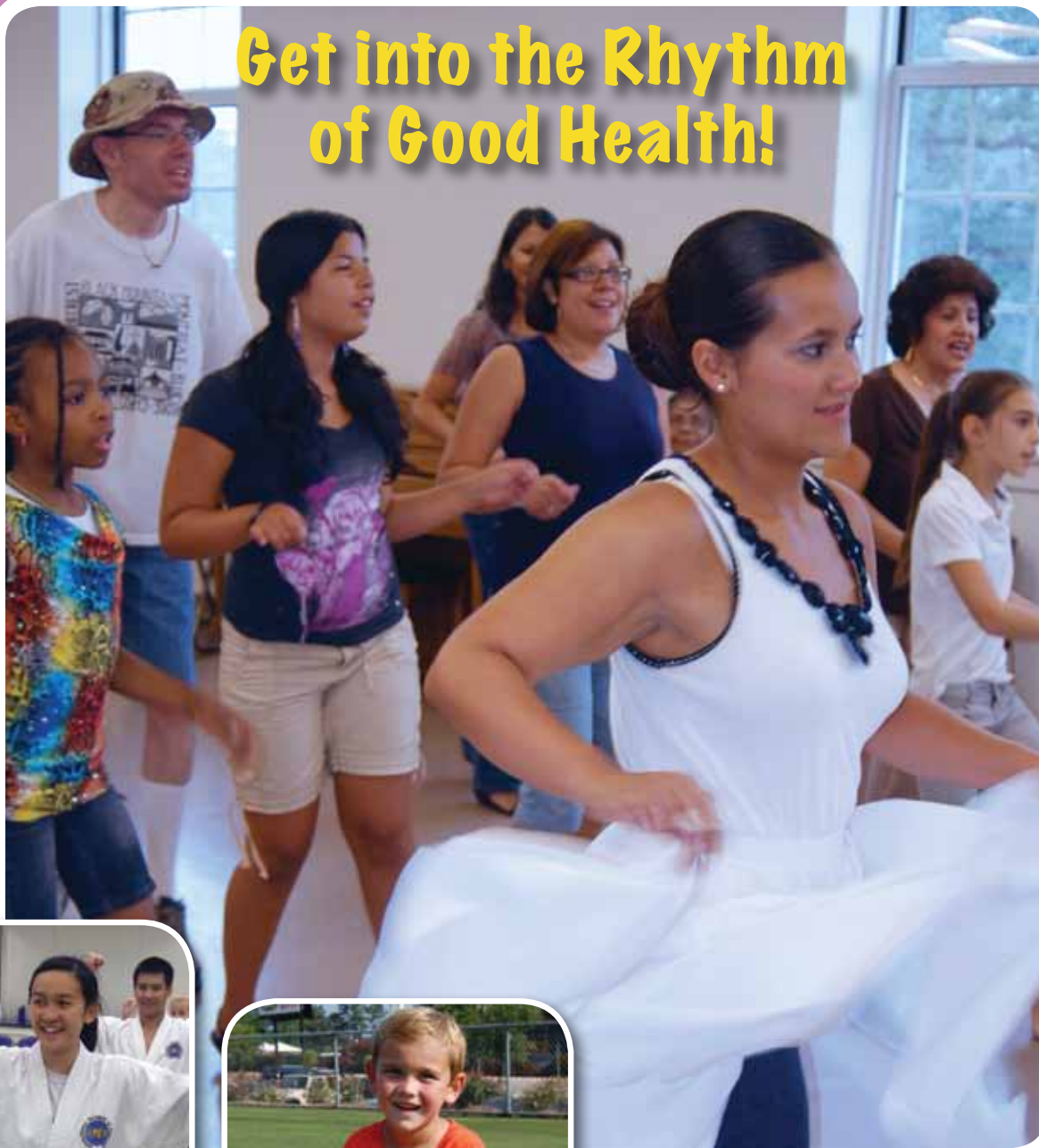


Cary

PARKS, RECREATION
& CULTURAL RESOURCES
Program Brochure

January-May 2012

Get into the Rhythm
of Good Health!



Sports
Programs



Sports Programs

www.townofcary.org

Laugh. Learn. Play.

Did You Know?

Did you know?

Did you know that April 2012 is Fit Cary Month?

Cary as a **FIT Community** provides the resources to live a healthy life. This April, the town challenges all its residents to "Get, Be, Stay" – get fit, be fit, stay fit.

Cary is designated:

- **Gold Level Fit Community** (Active Living by Design)
- **Bronze Level Bicycle Friendly Community** (League of American Bicyclists)
- **Bronze Level Walk Friendly Community** (Pedestrian and Bicycle Information Center)

Here's a sample of what's in store for you in April:

- What's On Your Plate? – April 12 & 17 at Cary Arts Center
- Downtown Cary Block Party – April 12
- Cary Road Race – April 14 at Regency Park
- WakeMed Fitness Trail at the Spring Daze Arts & Crafts Festival – April 28 in Bond Park
- Community Meet-Ups – Every Wednesday in April
- Free Seminars sponsored by WakeMed Cary Hospital – Various Locations
- Hundreds of Fitness & Wellness and Art Programs

For more info, see the **Fitness and Wellness Section** or call (919) 462-3970.



Did you know?

To provide the public with a new way to participate in parks, recreation and cultural resources classes, programs and events, the Town of Cary now offers gift cards available in any dollar amount. The cards, available for purchase at Cary Town Hall, 316 N. Academy Street, and at any staffed Town facility, may be redeemed toward any Town of Cary parks, recreation and cultural resources class, camp, membership, rental, lesson or gift shop item. In the future, the Town anticipates expanding the gift card program to other departments within Town Hall.

"Cary residents have requested the option to purchase gift cards for several years," said Leda Isenhour, Marketing Specialist. "The gift cards are a chance to provide friends and family with the gift of a new experience, whether it's in the form of a class, lesson, camp or concert."

A perfect gift for:

- Birthdays • Holidays • Special Occasions • Thank You's

It's your guide through nature; your coach on and off the field; your motivator to live healthy; the melody to your song; the inspiration to your masterpiece.

What will you do with your Gift Card? Get yours today at any PRCR staffed facility so you can Laugh, Learn, and Play with the Town of Cary. For more information, call (919) 469-4061.



Registration Dates:

Nov 28 Cary Resident – EZ Reg Web,
EZ Reg Mail-In, EZ Reg Phone

Dec 5 Cary Resident – EZ Reg Walk-In
Dec 12 Nonresident – Any EZ Reg Method

Laugh. Learn. Play.

www.townofcary.org



"Just wanted to say thank you again for such a fabulous week at music camp. Our daughter loved it and we loved what she accomplished. Kudos!"

— Camp Parent



**Winter/Spring
2012**



"Our coach was a terrific coach who encourages participation, sportsmanship and a very positive role model!"

— Sports Participant



**Cary Parks, Recreation
& Cultural Resources**

316 N. Academy St.
Cary, NC 27513

Mailing:
P.O. Box 8005
Cary, NC 27512-8005
(919) 469-4061

Office hours: 8 a.m. to 5 p.m.
Monday – Friday
Except for Town-Observed Holidays



Laugh.



Participate in our educational activities and programs!



Learn.



Enjoy one of our 27+ parks and natural areas!

Play.



Discover your own backyard!



TOWN of CARY



a Nationally Accredited Agency